

A welcome from King Harry, Diddleton Frank, Gowk, Gled, Frenchman, Kitty Coot, Cob, Doo, Billy Wix, Jenny Wren, Betsy, Bob Robin, Mavis, Jeremy Joy, Tot o'er the Seas and Bumarrels



The out of the ordinary is right under your nose

8-12 & 22-26 September 2021

Weekdays 10.00-2.30 – Sundays 12.00-3.00

A Bergh Apton Arts Production

WITH MARY LOVETT, HUGH LUPTON, LIZ MCGOWAN, CHARLOTTE ARCULUS

A Trail like none other

1 ½ miles via wild wood & marsh, river & meadow – approx. 2 hours

Stop, Look, Listen Halts

Experiences, Readings, Music. Puzzle full of trickery – reward possible.

ROUGH GROUND, BOGGY GROUND, STEEP GROUND

Information & Tickets

<https://bacat2021.wixsite.com/bacat>

Enquiries 01508 480696

Select arrival at 20-minute intervals & create or join a Group of 6.

But DO book early – Bergh Apton Tickets sell fast.



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This ancient land is a palimpsest of tracks written by paw, claw and hoof. Swallows and swifts weave the clear air into pathways as they swoop and soar as intricate as Celtic knots and larks gild it with song. We have stitched a new track trodden by shoe and boot and conjured from song and story, music and memory, film and thought, it is marked by runes. Walk it in silence, listen with the ears of an owl, see with hawk sharp eyes. Walk it as a charm, a summoning to fox, owl, snail and wild flower, all those outlawed by a human fear of the wild. **One for the Rook** is a call to arms to remember we humans are but a part of life on Earth.

One for the Rook is an acknowledgement and celebration of the wild world around us, the creatures, plants and insects, which are our 'neighbours'. We follow in the footsteps of those beautiful and influential books, *Lost Words* and *Lost Spells* written by Robert Macfarlane and illustrated by Jackie Morris. Although 'following' it is very much our own pathway we have created. The **One for the Rook** trail is quiet, contemplative and can be walked as a meditation. Do come.

One for the Rook is a Bergh Apton Arts (BACAT) production – a linking together of Sculpture Trails for which BACAT achieved wide acclaim and its more recent Dramatic presentations, such as *Songline for Doggerland*, which played to packed houses.

It has been developed with many contributions from members of the community, and significant support from:

HUGH LUPTON creative writing **MARY LOVETT** commissioned music
the **HAPPY COUPLE** musical responses
CHARLOTTE ARCULUS creative advice **LIZ MCGOWAN** Land Art workshop

*BACAT is grateful for the financial assistance, without which **One for the Rook** would not have been possible, from charitable trusts including Kip & Alison Bertram, Town Close and Fanny Thursby.*

IMPORTANT INFORMATION

- Bring your Smartphone with QR reader.
- Footwear suitable for rough, boggy & steep Ground.
- Regrettably, the O4tR Route is inappropriate for wheelchair users.
- Dogs on leads only and not to be left in cars.
- Light Refreshments available and/or bring a Picnic.
- Observe the Country Code and take your Litter home.

REMEMBER – DO BOOK EARLY
Admission with pre-booked ticket ONLY