

Bergh Apton Broadcast

Issue 185 Apr/May 2023

CORONATION SPECIAL

At the start of my Editorship I sadly had to record the passing of our longest reigning monarch with the death of Queen Elizabeth II.

As the months have passed, the transition to the 'New Carolean* era' has become more familiar and it is with great pleasure I can now announce that Bergh Apton will be celebrating the Coronation of His Majesty King Charles III when he is crowned alongside Her Majesty The Queen Consort at Westminster Abbey in early May.

To enable you to watch the service (which will take place on Saturday 6th May) Bergh Apton will be hosting their family friendly event on **Sunday 7th May** at the village hall....so please get the date in your diaries and be part of history! Clubs, societies, villages, towns and cities throughout the United Kingdom will be holding similar events on the day in the spirit of the King's vision; bringing communities together. Look out for the posters for further details. It would appear word has already spread...



We are delighted that you are to hold a Coronation Big Lunch, joining people the length and breadth of the United Kingdom, and further afield, as we celebrate the ties that bind us. It is these connections, as neighbours, friends and communities, that make the places where we live feel even more like home.

Whether this is your first ever Big Lunch, or whether it is an annual part of your local calendar, we send our warmest good wishes to each one of you, and all those who will be with you, at what we hope will be at ruly enjoyable event for everyone.

Chowie R



Be inventive - make a crown (if you don't already have one!) from recycled materials, or wear something suitably regal...the choice is yours! Bring a picnic or something to share and with any luck we can enjoy some fun in the Spring sunshine.

Children can join in by making crowns, bunting or flags at: https://www.edenprojectcommunities.com/ stuff-you-can-do. If you're looking for great recipes you can find them here: https:// www.edenprojectcommunities.com/make-it-happen/ recipes.

We have a small team in place, but welcome anyone able to lend a hand beforehand or to set up on the day. If you can volunteer or would just like to let us know you are coming, you can e-mail me on berghaptoneditor@gmail.com - this will also enable you to get updates on what's happening. In the meantime, if you have an article for the Jun/July newsletter, I need content by 10th May please. I look forward to seeing you all soon!

Jenny Lovatt

*Carolus is Latin for Charles

James Debbage of 'Green Pastures' brings us news of what to do in the garden now...

Spring into action....and make Bergh Apton bloom this summer!



Bergh Apton has always been known as a village of fiercely passionate growers. From the bygone days of a booming farming and market gardening community, to the heady days of the sculpture trails which so many of you will remember, we've always had much to be proud of with our plots.

As winter hopefully transitions into spring now, its time to dust off our spades and get gardening to kickstart the new season. For some, it can be difficult to know where to start, so here's some quick tips from the Green Pastures team to set your garden up for the summer.

Clean Slate

Before getting immersed in the springtime routine, a good clear up from the previous season can make all the difference. An unusual combination of climatic conditions in the second half of last year

resulted in more than the normal number of evergreens succumbing to the early freeze, so any of these which look dead should be removed or pruned hard back "just in case".

Lawn First

Getting the lawn looking great is often one of the quickest, but visually most rewarding uses of your time when getting back into the garden in the spring. Simply starting the mowing routine and trimming up the edges alone will make a big impact. Applying a granular "weed and feed" will enhance the lawn even further. Look out for new "herbicide free" and "child and pet safe" products now on the market. April is also the best time to sow grass seed too.



Rejuvenate the Borders

A good forking and hoeing of the borders will be much appreciated by your plants and not tomention the soil if you take the chance to add any organic matter back into it. Applying a mulch of manure or soil conditioner adds life into the soil and has all manner of benefits. It's also a great time to feed your plants and pelleted chicken manure is a brilliant and most cost-effective spring fertiliser.

Slowly Does It

Any planted containers you have must also be fed, but sadly most do get forgotten! Replace whatever compost you can scrape away from the surface of the pot and at the same time apply a "slow release" or "controlled release" fertiliser which will cleverly give your plants a base feed for the rest of the growing season. Richard Jackson gives a great demonstration of "how to top dress plants" on You-Tube!

Take a You-Tube Pruning Crash Course!

There's always lots of pruning to do in early spring and this can be rather baffling for the novice gardener. We're always very pleased to advise customers with questions of this nature, but we've found one of the best tools in the modern-day gardener's shed is You-Tube! Here you can watch step by step pruning demonstrations for just about anything so if there's a plant that's baffling you, just look it up!





Sow Now!

April's a great time to sow a whole host of flowers, vegetables and herbs. Growing from seed is one of the greatest joys of gardening, whether it's a few sprouting seeds in the airing cupboard, or a whole range of crops to "grow your own". Cornflower, Cosmos and Verbena are my top recommendations for easy to grow flowers which will very quickly provide a huge return of colour for just a very modest investment. And the wildlife will greatly appreciate your efforts too!

Bergh Apton Conservation Trust



Reg Charity No 1048271 Annual Litter Pick Sunday 12th March 2023

The annual Litter Pick, run by Bergh Apton Conservation Trust, took place on Sunday 12th March which was amazingly the 9th year we have run it. The weather was good, not too hot, not too cold, not too windy and no rain. With 11 volunteers we split into five teams and each started at one extremity of the village and worked our way to the Village Hall, all ending up there at roughly the same time about two hours later.

This year the task was bit easier as starting so early in the year (South Norfolk advised me we were the first village to do a 'Litter Pick' in their area this year) the vegetation was low. As last time there was a marked reduction in the amount of litter around but even so we filled four large sacks of general rubbish plus three of cans and plastic bottles and one of glass bottles, less than half than what we used to collect in the earlier years. There were also no large items dumped: no televisions, garden furniture or domestic appliances this year. I cannot claim that litter picking is enjoyable, but it is fulfilling in that we feel we are achieving something worthwhile and making Bergh Apton a nicer place to live.

As usual my thanks go to South Norfolk Council for providing the equipment and hi-viz jackets, plus a small donation for our efforts, but especially to those BACT members; Shirley, Mike R, Mike M, Annette, Heather, Hilary, John, Rodney, Janet, Sabrina and not forgetting our four-legged helpers Cannie and Jasper who turned out to help with the Litter Pick as we could not have done it without them. Bob Kerry

(And on behalf of Bergh Apton residents, I would like to say a big thank you for your efforts too! A positive step to see there has been a reduction in litter levels - Editor)



Caroline Thurtell will be taking part in The Coastal Mighty Hike for MacMillan in May and would like to invite you to support her

COFFEE MORNING

in aid of Macmillan & Motor Neurone Disease

WEDNESDAY 26TH APRIL 10-12.30pm

Sunnyside Barn The Old Stables Sunnyside NR15 1DD



Donations of raffle and tombola prizes and cakes would be most appreciated. Please contact Caroline if you are able to help: 07778459149



If you haven't already booked in for this annual fun challenge, make up a team (ideally 8 people but it's not a rigid rule) and book a table!

Saturday 22nd April 7pm at the Village Hall Delicious chilli supper included

(meat or vegetarian)

£8.50 per team member

In aid of Bergh Apton church funds For booking, contact: Milton Harris 01508-550473 or town_farm@btinternet.com

COOK'S CORNER



I am sure there are many of you in the village who like to bake, cook or make preserves...so send me your favourite recipe with a good photograph and we can share it amongst the residents of Bergh Apton. Thanks very much to **Rachel Parfitt** for our first contribution, with Nanny Eileen's Irish Soda Bread...looks delicious!

NANNY EILEEN'S IRISH SODA BREAD

500 gms Plain White flour [extra for dusting] 1 tsp Bicarb of Soda 1 tsp Salt 400 ml Buttermilk [or full fat milk soured with tablespoon lemon juice or vinegar]

1.Sift the flour, bicarb of soda and salt into a large bowl, make a well in the centre of the flour mix and pour in the buttermilk [or alternative mixture]. Mix with a **cold metal spoon**. Once a soft dough begins to forms use your hands to gather the mix together. This process may be done in a **Food Mixer**.

2. Lightly dust a baking tray with flour. Turn out the dough onto a floured work surface and shape the dough with your hands into a round shape approx 18cms in diameter, use your palms to flatten the dough, treat the dough gently and do not over work it.

3. Place the loaf on the prepared baking tray and cut a deep cross 2.5 cms in the top, this is not just traditional but it aids the cooking process so it is cooked evenly in the centre.

Now be sure to prick each quarter section of the loaf with the point of a knife as this allows the fairies to escape otherwise they will create mischief in your kitchen.

4. Bake in a preheated oven [fan] at 200degrees C [gas mk 6] for 25-30 minutes. Then turn the bread over and bake for a further 5-10 mins or until the loaf sounds hollow when tapped with the knuckles on the base.

 $\ensuremath{\mathbf{5}}$. Leave on a wire rack to cool. Then best served on the day of making.

To make a fruit loaf just add a good handful of dried fruit with the flour mix.

Using Jumbo Golden Sultanas [available at Green Pastures farm shop] makes a very acceptable moist loaf. When serving, spread liberally with butter from the Emerald Isle.

As the Irish say "Slánte" " Give it a lash".





LOCAL ELECTIONS - Photo ID Requirement

District and Parish elections are taking place in the Broadland District and South Norfolk Council areas on **Thursday 4 May 2023.**

Residents need to be registered to vote on the electoral register if they wish to vote at these elections. Most residents will already be registered to vote, however, if you have recently moved or not registered, you will need to register by Monday 17 April 2023. The quickest and easiest way to register to vote is online by visiting www.gov.uk/registertovote.

This year, all voters who vote in person or by proxy **at polling stations** will also have to show <u>an accepted</u> form of photographic identification before they are given a ballot paper.

If you do not have any of the accepted forms of ID (you can check at www.southnorfolkandbroadland.gov.uk) you can apply online for a free Voter Authority Certificate – this is a photographic identity document specifically for the purpose of voting. The deadline to apply for a Voter Authority Certificate for use at these elections is **5pm on Tuesday 25 April 2023**.

Further information can be found at:

https://www.southnorfolkandbroadland.gov.uk/ elections/district-townparish-election-thursday-4may-2023

- Search 'Voter ID'.

Electoral Services Team - South Norfolk Address: Thorpe Lodge, 1 Yarmouth Road, Norwich, NR7 0DU

Telephone: 01508 533704

Email: elections@southnorfolkandbroadland.gov.uk

As it's now growing season, James Debbage of Green Pastures answers a few of your "PEAT FREE" QUESTIONS...

Lots of you are currently asking lots of questions about peat free composts. I hope this helps!



- At the time of writing, there is still no specific date when peat-based composts will no longer be sold. At the moment, all we are being told is that it will be "2024!"

- The quality of peat free composts is improving. The feedback we hear is that gardeners often struggle with the cheaper ones but give lots of praise to the premium options, so it appears that you get what you pay for!

- Be aware that peat free compost behaves very differently. They will need more regular watering and liquid feeding compared to peat based counterparts.

- Even before the big switch over next year, there are lots more peat free composts on the market now. Some products have "quietly" become peat free without most people even realising whereas other peat based composts have a lower peat ratio in them to "wean gardeners off"

- New from Norfolk! Look out for the arríval of a new range of locally produced peat free products at Green Pastures from Attleborough based PlantGro. Their extremely highly rated compost which was previously only available in bulk loads is soon to be launched in a range of bagged composts which we are very excited about stocking.

- Let us advise you. We're always delighted to give you our best recommendations for your own specific needs. Pop along to Green Pastures who will be happy to help!



Community Speed Watch need you!

Bergh Apton Community Speedwatch has run successfully for 15 months. During that time, we have raised awareness of the 30mph speed limit in the village.



There are more children walking to school. The number of walkers has increased – and so has the traffic. We care about road safety.

If you can give one hour, twice a month, to join our team we should be very pleased to hear from you. Please contact: Steve Mitchell 07816 354159

BERGH APTON ARTS

Pat Mlejnecky gives us the history of BACAT (Bergh Apton Community Arts Trust) and tells us of plans for their next event...

In the last edition of 'Broadcast' our next event was announced as taking place this November however, 'the best laid plans......' It will now be performed in the Church in February 2024. Bergh Apton Arts was formed in the early 1990's by those interested in the Arts. We started with two 'Open Garden' events and made bold by the success of these we decided to hold a Sculpture Trail and right from the start set a high standard to show only professional sculptors. Gardens in the village became galleries. The then President of the 'Royal Academy of Arts', Sir Philip Dowson, consented to be our patron, a real coup for such a small group in such a small Norfolk village. Christopher le Brun who later succeeded Sir Philip Dowson as President of RA showed with us. We were the first to show the work of Georgina Warne who now exhibits in a London gallery and in New York. We held six of these Sculpture Trails over the years and thousands of people from a very wide area visited and Bergh Apton became a leading light in the East Anglian Art world. Then Sculpture Trails proliferated and not wanting to be one of a now very large pack we decided to move on, this time into theatre. We already had a very large following and tickets sold like 'hot cakes'. We worked with professionals such as Hugh Lupton, Charlotte Arculus and Mary Lovett but it was those in the village and friends from surrounding villages and towns who acted, sang, played music, made films, in fact turned their hands to anything artistic! It Is always a village production.

After a break of a couple of years or so here we are again with UNLOCK UNEARTH. We have kept this deliberately simple with stories we have written in workshops with Hugh and traditional songs, an evening of simple pleasures. We need your help! As the audience leave they will be given a keepsake, a flexigon. This is a square of paper that can be folded this way and that and printed with the heads of the three men over the south



door of the Church. It is thought they were made in the 1400s, we do not know their names so we named them, Non, Neb and Luck. There will be what we call an EYE, (Earn Your Elevenses) in BAVH on Saturday 15 April starting at 10am and finishing at 12 o'clock. Good coffee and cake - and in return you make a potato print of one of the heads. Peter has taken photos, (see below) and he will be there to show you what to do and give help. Potatoes and paint provided. Do come and help.

BACAT SPONSORSHIP by Pat Mlejnecky

The invasion and destruction of Ukraine began over a year ago and thousands of its people fled to seek sanctuary in another country. In Bergh Apton we have welcomed a few of these Ukrainians and one of them, Aleksandra Zinovieva, is a ballerina. Full of determination and bravery to make the best of things and to maintain her independence, she has started ballet classes not only in our Village Hall but in several other communities as well. Judging from reports these are popular and flourishing. To celebrate her resilience and her encouragement of dance, another of the Arts that we have not previously supported, Bergh Apton Arts will contribute to paying her rent of the Village Hall for a time,



AN INTRIGUING BERGH APTON RECORD IN THE NORFOLK ARCHIVES

by John Ling

If history doesn't interest you pass on, because this story is about my recent encounter with a fragile document recording events in Bergh Apton more than 500 years ago. It's not for you. But it is an interesting subject because, though the document's cover tells us it was the first Bergh Apton Parish Register, there might have been an earlier one, now lost, that was begun in 1538.

That possibility arises from my visit in late February to the Norfolk Record Office (NRO) as part of a project to add to our village archive. I was in the Reading Room, looking at a small (about 16 cm x 28 cm) book of parchment pages* bound in a dry and wrinkled leather cover on which is written "No 1: Births Marriages and Burials from AD 1556 to 1719".

But, is this really Bergh Apton's first official Register, following a form used in every city, town and village throughout the land, as decreed by Thomas Cromwell, King Henry VIII's Chamberlain? I ask because Cromwell issued his decree in 1538 and this Bergh Apton register begins eighteen years later, in 1556.

That was not a good year for England, on two counts. First, the marriage of our monarch Queen Mary I to King Philip of Spain - one of protagonists in a long war between France and Spain in Italy - risked us being dragged into that conflict. Second, the country was reeling from the results of Mary's determination, having succeeding her half-brother Edward VI in 1553, to wreak revenge on those who had supported her father Henry VIII's split from Rome, a consequence of his determination to divorce Mary's mother, Catherine of Aragon. Out of that cause, whose origins lay in Henry's concern about succession to the throne, came the formation of the Church of England. It was a Protestant religion that Mary was determined to dissolve and return her kingdom to Roman Catholicism. Her campaign resulted in the burning, for the crime of heresy, of the bodies of many protestants including that of the first protestant Archbishop Thomas Cranmer.

In such unsettled times it would be nice to think that here in Bergh Apton, as in most sensible communities, the inhabitants were intent on keeping their heads down until things had calmed down a bit. If that was so, what must they have thought when the Rector, John Matchett, decided - just when the Roman Catholic monarch Mary was on the warpath - to begin a Register in a form decreed eighteen years ago by a Protestant Lord Chamberlain? At



Photos of the 1556 Register (16 cm wide x 28 cm tall): right, the front cover, illustrating the fragile nature of its 567-year-old calfskin cover; top left, close up of the title including "No 1"; bottom left, the challenging script of early entries, these being marriages of 1562, on which we are working to clarify the entries so that families can find their ancestors.

best such aprovocative act was risky. At worst it was suicidal!

So, had a decision been taken in 1538 not to initiate a register in the form required by Cromwell? If so, it was not Matchett's but that of his predecessor Nicholas Harrison, the rector from 1517 to 1545. But a decision taken in 1556 would have been Matchett's. If he took it, one must ask why, and after so long? The logical answer is that Harrison did begin a register in 1538 and that Matchett's 1556 Register was simply a continuation of the status No harm in that. quo. That comfortable conclusion, however, is contravened by the evidence of those faded letters "No 1", on the front of the 1556 Register. So we are back to the question; "Why at a time when it could threaten his life, did John Matchett decide to risk the wrath of Queen Mary ?".

It's a good question but, after all this time, I don't expect to find the answer. If you have one I'd love to hear it.

*Parchment: a flat sheet made from the prepared skin of an animal, usually a sheep or goat, used in ancient and medieval times as a durable writing surface.

BERGH APTON FESTIVAL ~2023

Last year Bergh Apton Church organised the successful Bergh Apton Jubilee Festival to celebrate Her Majesty's Platinum Jubilee - and to raise money for the church and other charities.

And we're producing another exciting schedule in 2023 because so many people enjoyed the last - and to raise money for the church and other charities!

The Team is still finalising the programme for the rest of the year, but we're thrilled to announce that the first gig - at 7pm on Saturday 20th May in Bergh Apton Church - will be..... drum roll, please.....

!! Pot of Gold Shanty Crew !!

Formed in Norfolk seven years ago, Pot of Gold Shanty Crew has seen meteoric growth in their popularity, gaining an enviable reputation for singing traditional, and not so traditional, shanties and songs of the sea in their own unique style.

Maybe you read about them in the EDP after their appearance at the Cutty Sark Festival, or heard them on Radio Norfolk back in March. You can expect fantastic harmonies, humour - and perhaps a spot of audience participation too?

Check out their amazing sound on Facebook, their website and YouTube - and book early for their show on 20th May as it's sure to be a sell-out. Book online via https://berghapton.org.uk/ bergh-apton-festival-2023/ or call 01508 558440

BERGH APTON FESTIVAL ~ 2023

Church

NR15 1BX

Saturday

20th May

7pm



Traditional and not-so traditional sea shanties and sea songs. Expect fantastic harmonies, humour, and great musicianship. Tickets £12 Via

https://berghapton.org.uk/bergh-apton-festival-2023/

or 01508 558440 **Refreshments & Parking**

- 👩 -

DECORATE BERGH APTON CHURCH FOR EASTER

SATURDAY 8th APRIL From 9am

Join us to help decorate the church with spring flowers or just come

for a cup of coffee.



Christian Aid Week 14th – 20th May

Spring is in the air and, in a few weeks, those little red envelopes will be popping through your door.

As well as undertaking their own ongoing projects around the world, Christian Aid is one of the group of charities working with the Disasters Emergency Committee (DEC).

A year ago, they were in Ukraine delivering first aid kits and medical equipment.

Through their partner organisations on the ground, Christian Aid had been responding to the Syrian Crisis since 2012 so, when the earthquakes struck North West Syria in February this year, they were already poised to help the first responders in that region, even before the DEC put out their national appeal.

Since then, they have increased the scale of their operations and have been delivering winterisation kits (blankets, mattresses, food parcels and heating materials), shelters, mental health support and

cash for local communities. Across the two countries, more than 54,000 buildings have been destroyed leaving hundreds of thousands of people homeless without even the basics; electricity, water, sanitation. Supplies of food, hygiene and medical products - and with hospitals and schools destroyed too.

It takes time and money to rebuild lives, homes and communities. Maybe you have already donated - or do so on a regular basis but, if you can add a little extra this Christian Aid Week, you can be sure that you will be helping to make a real difference.

Thank you,

Shirley Rimmer

PS if you can help me by delivering envelopes to your road (or part of it) during Christian Aid Week, and collecting them again, do



please give me a call - 01508 480576

Getting to know you...

The Editor talks to herself (because she can..and does!)



JL: Tell me how you came to Bergh Apton?

Me: I was born in Essex (yes, I am the original Essex girl) lived and in Billericay, Chelmsford & the Colne Colchester) Vallev (near before 'moving north' when I met my husband online in 2009, fell in love and told him I was moving to Norfolk! I have lived in Bergh Apton for the last 13 years so a newcomer still.

JL: So, what do you love about Bergh Apton?

Me: I love the community spirit and being part of a village where the individuals make the place. We have so many people who put such a lot of effort into keeping the village alive and I hope I can play a part in that but its vital that new people step forward too to keep momentum for future years.

JL: What inspires you?

Me: I love living within nature (we live at Giants Wood) and being able to be part of the changing seasons and cycles of nature. Being a small part of the 'big picture' is what inspires my painting.

JL: So you're an artist?

Me: Yes, I finally completed my Fine Art degree at Norwich University of the Arts in 2021...I always say I waited 30 years to go to art school and spent half of it at home during lockdown! My graduation work was a textile



piece based on natural plant material dyes and was on show at 'One for the Rook' in 2021, but I also love to paint abstracts in oils and acrylics as well as creating sculptures in reed cane and paper. I like to respond to anything creative in the materials I feel drawn to..I have always loved life drawing and recently attended a portraiture class.



May I try basket-making...if its creative, I'll try it!

JL: So have you always done creative work?

Me: I have had a variety of jobs from financial services to project management to working with children in enterprise education. Μv favourite work was when I owned two florist shops which I loved but sadly were financially rewarding but it was a wonderful period in my life working with the public and helping them through good times and bad ... visiting the flower markets early in the morning is hard work but breathtaking when the spring flowers arrived, my favourite time of the year.

JL: So, what else do you do with your time now?

Me: My husband Marti and I have a son, Noah, who is at school at Alpington & Bergh Apton Primary, and we have a crazy 2 year old cockapoo who likes long walks in the Norfolk countryside so family life is always busy. We also



have 2 runner ducks and 3 chickens who keep us in eggs...I do enjoy baking but it isn't good for my waistline. I'm hoping to get the kitchen garden ship-shape this year, although I'm a bit of a fairweather gardener! I love growing things - the wonder of something appearing from a tiny seed never ceases to amaze me.

JL: Anything else that might surprise us?

Me: I am a reiki healer. I used to teach this although now I just use my healing on family, friends and animals whenever its needed - it's a useful tool to have in your toolbox! I'm interested in natural healing and self development, it just seems to me we should make more of being connected to the wisdom of 'mother nature'.



JL: If you would like to know more, let's meet for a coffee and I can get to know a bit more about you too!

Recording Bergh Apton for future generations

Ollie Horn, a young photographer/ videographer living in Mill Road has contacted me to ask if we would like him to take some aerial photos of places of interest in the village which he would do free of charge. Are there places you think this would be beneficial to record? Perhaps historical sites or a benchmark for future generations? If we did proceed, we would obviously need to work with appropriate owners/ guardianship. Please let me know your thoughts. -Editor

Good weather, time for a walk!

We have recently been contacted by John Harris, who manages a website encouraging us all to get out for a walk around our glorious county. The website contains information on local ramblers clubs together with some free walks and links to purchase relevant maps. Unfortunately he seems to be missing any walks in our locality but perhaps we want to keep those to ourselves anyway!

Details can be found at: www.walkinginengland. co.uk/norfolk



With thanks...

This newsletter cannot be produced without the generosity of our sponsors who have already committed to supporting the print costs for the next 12 months.

Our thanks at this time go to:

Fanny Thursby Trust, Bergh Apton Community Arts Trust, Bergh Apton Conservation Trust, Bergh Apton Society, Bergh Apton Local History Group, Bergh Apton Parish Council, Bergh Apton Parochial Church Council, Bergh Apton Village Hall Trust, Bertram Charitable Trust, Country Holiday Cottages Norfolk Ltd, Clair and the Christopher Tenwinter Trust.

Useful Contacts

BACAT (art workshops)

Pat Mlejnecky 01508 480696

BA Conservation Trust

Tony Davy 01508 558453

BA Local History Trust

Linda Davy 01508 558453

BA Society

Lynton Johnson 01508 480629

Church: Rector

Reverend Chris Ellis 01508 484174

Church: Warden

Dog Training

Shirley Rimmer 01508 480576

Tina Devlin 07810 158799

Family/Local History research

John Ling 01508 480439

Microscopy Group

Peter Sunderland 01508 493398

Pilates classes

moveswithemma.com

Singing (The La La's) Karen Bonsell 07583968739

Village Hall Bookings

Hilary Ling 01508 480439

Yoga classes

Gemma Bains 07979 723914

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Looking for a new activity? Bramerton & District Bowls Club are in urgent need of new players...

BRAMERTON & DISTRICT BOWLS CLUB could have to close down after over 50 years at its present site because of a shortage of players.

Pre: covid, Bramerton was the envy of the other clubs in leagues they played in with 12 young players, 6 of them under 18 however these players have now moved on to a higher level (2 playing for England under 18s and under 25s) and so new players are urgently needed. Poringland lost its last club just prior to covid. Without new interest, Bramerton will close and the only local club remaining will be Shotesham.

Bramerton Club will be holding open days for anyone experienced or novices who may be interested. Come and try lawn bowling on the following open days:

Saturday. 22nd & 29th April. 2pm (followed by every Saturday beginning in May weather permitting.)

Wednesday 19th & 26th April 7pm

Bramerton & District Bowls Club, East Hill Lane, Bramerton, NR14 7EQ (next to the village hall).

Also, if any one who has retired from playing has any size 0, 1s or 2s bowls that they do not need, we would be grateful to receive donations to help first time learners.

For further info and to let them know when you would like to come, contact: Michael Cooper 07479473471 (Poringland), Jane/Terry Henry 01508 538139 (Rockland), Richard Speare 01508 538465 (Bramerton), Frank Richardson 07874075266 (Alpington).

Regular Events at The Village Hall		
Monday	5pm on	Dog Training
Tuesday	9.30am & 10.30	Pilates
Tuesday	7pm	The La La's sing
2nd Wednesday	7.30pm	B.A. Society
3rd Wednesday	10am - 12.00	Coffee n Chat
3rd Wednesday	2-4 pm	Village Archive
Friday	9.30am & 11.15	Yoga
1st Saturday	9 - 5pm	Microscopy

Do you know we have a Facebook Page?

'Bergh Apton Community Noticeboard'

and a website

https://berghapton.org.uk/

	village	
A	April 2023	
5th 7.30pm	BALHG AGM & talk by Bob Kerry 'My Father's War'	
8th 9am	Decorate church for Easter	
12th 7.30pm	BA Society talk by Sally Dearman 'Women can fly'	
15th 10am	BACT Workday. Meet at Church Field.	
19th 10am-12	Coffee n chat	
19th 2-4pm	BALHG Archiving	
19th 7pm	Parish Council Annual Parish Meeting	
20th 10am	BACT Workday. Meet at Church Field	
22nd 7pm for 7.30	Quiz n Chilli - BAVH	
26th 10am	Coffee Morning (Macmillan/ MND) - The Stables (see p3)	
* lookout for a	poster or contact	

berghaptoneditor@gmail for further details

Village Diary

May 2023 3rd 7pm for 7.30 Village Hall AGM 4th 7am - 10pm **BAVH - Polling Station** 5th 7pm **BALHG Coronation Dinnerl** 7th 12pm on The Coronation 'Big Lunch' BAVH - all welcome* BA Society talk - John Ford 10th 7.30pm 'The Adrian Bell Society' 17th 10am - 12 Coffee n Chat 17th 2-4pm **BALHG** Archiving 17th 7pm Parish Council Meeting 20th 10am BACT Workday. Meet at Church Field. BACT Workday. Meet at 25th 10am Church Field. 11Says assembly. BAVH. 27th 9am 29th 9.30am on Horse and Fun Dog Show Bergh Apton Manor